

EAST PALO ALTO LOCAL TRANSPORTATION GUIDE

**FREE East Palo Alto
Community Shuttle
(Weekdays/Weekends)**

**FREE East Palo Alto
Senior Shuttle
(Weekdays)**

**East Palo Alto
Shuttle Information
Call: 650-771-1637**

**For Public Transportation Information
(SamTrans/Caltrain/VTA/DB Express etc.)
dial 511 and follow instructions
or visit www.511.org. For Paratransit
please call Redi-Wheels at
1-800-660-4287**

Sponsors:

- ◆ City/County Association of Governments of San Mateo County
- ◆ City of East Palo Alto
- ◆ Metropolitan Transportation Commission
- ◆ Peninsula Traffic Congestion Relief Alliance
- ◆ SamTrans



City of East Palo Alto



EPA Senior Shuttle Monday & Thursday (MT)

SHUTTLE ARRIVES AT SCHEDULED STOPS			
Senior Center	10:00	Downtown Palo Alto	12:40
Runnymede Gardens	10:30	PA Medical Foundation	12:50
Albertson's (Palo Alto)	10:45	Stanford Shopping Center	1:00
Downtown Palo Alto	11:00	Welch Road	1:00
PA Medical Foundation	11:10	Stanford Medical Center	1:15
Stanford Shopping Center	11:15	Stanford Shopping Center	1:25
Welch Road	11:20	PA Medical Foundation	1:35
Stanford Medical Center	11:25	Downtown Palo Alto	1:40
Albertson's (Palo Alto)	11:40	Albertson's (Palo Alto)	1:50
Runnymede Gardens	11:50	Runnymede Gardens	2:00
Senior Center	12:20	Senior Center	2:10
Albertson's (Palo Alto)	12:30	Last drop off at Senior Ctr.	3:00

EPA Senior Shuttle Tuesday & Friday (TF)

SHUTTLE ARRIVES AT SCHEDULED STOPS			
Senior Center	10:00	Kaiser Hospital	12:40
Runnymede Gardens	10:10	Kmart	12:50
Sequoia Station	10:40	Foods Co.	1:00
Kaiser Hospital	10:50	Runnymede Gardens	1:30
Kmart	11:00	Senior Center	1:40
Foods Co.	11:10	Sequoia Station	2:10
Bus returns to East Palo Alto			
Senior Center	11:50	Kmart	2:30
Runnymede Gardens	12:00	Foods Co.	2:40
Sequoia Station	12:30	Runnymede Gardens	3:10
		Senior Center	3:15

**EPA Senior Shuttle
Wednesday AM**

SHUTTLE ARRIVES AT SCHEDULED STOPS	
Senior Center	10:00
Runnymede Gardens	10:15
Albertsons	10:30
San Antonio Center	10:45
Sears, Mountain View	10:50
Wal-Mart, Mountain View	11:00

**EPA Senior Shuttle
Wednesday PM**

SHUTTLE ARRIVES AT SCHEDULED STOPS	
San Antonio Center	1:00
Sears, Mountain View	1:05
Wal-Mart, Mountain View	1:10
Albertsons	1:25
Runnymede Gardens	1:40
Senior Center	1:50

**SamTrans Bus Route Guide
Stops & Schedules call 1-800-660-4287**

Bus to Caltrain stations/BART/San Francisco	Route # 397	Night bus only
Express Bus to Millbrae BART station	Route # REX	Weekday commute hour service only
Bus to Menlo Park/Atherton/Redwood City	Route # 296	Weekday & Weekend service
Bus to Onetta Harris Community Center, Palo Alto Caltrain station, Stanford Shopping Center	Route # 281	Weekday & Weekend service
Bus to Ravenswood Shopping Center, Palo Alto Caltrain station, Stanford Shopping Center	Route # 280	Weekday & Weekend service

**East Palo Alto Community Shuttle (CS)
Weekday AM Schedule (Monday - Friday)**

Run Numbers	AM 1	AM 2	AM 3	AM 4
SHUTTLE ARRIVES AT SCHEDULED STOPS				
Palo Alto Park	5:30	6:30	7:30	8:30
Kavanaugh/Gloria	5:35	6:35	7:35	8:35
University Village	5:40	6:40	7:40	8:40
Health Clinic	5:45	6:45	7:45	8:45
East Palo Alto Gardens	5:50	6:50	7:50	8:50
West Side (Woodland/Newell)	6:00	7:00	8:00	9:00
SHUTTLE ARRIVES PALO ALTO STATION				
Shuttle Arrives Caltrain Station	6:15	7:15	8:15	9:15
CALTRAIN DEPARTS PALO ALTO STATION				
Train Numbers	309	319	329	135
Northbound to SF	6:23	7:23	8:23	9:41
Train Numbers	104	210	218	230
Southbound to SJ	6:21	7:26	8:19	9:26

**East Palo Alto Community Shuttle (CS)
Saturday AM Schedule**

Run Numbers	AM 1	AM 2	AM 3
SHUTTLE ARRIVES AT SCHEDULED STOPS			
Bell/University	7:15	8:15	9:15
Palo Alto Park	7:20	8:20	9:20
Kavanaugh/Gloria	7:25	8:25	9:25
University Village	7:30	8:30	9:30
Health Clinic	7:35	8:35	9:35
East Palo Alto Gardens	7:40	8:40	9:40
West Side (Woodland/Newell)	7:50	8:50	9:50
SHUTTLE ARRIVES PALO ALTO STATION			
Shuttle Arrives Caltrain Station	8:05	9:05	10:05
CALTRAIN DEPARTS PALO ALTO STATION			
Train Numbers	423	425	427
Northbound to SF	8:31	9:31	10:31
Train Numbers	422	424	426
Southbound to SJ	9:02	10:02	11:02

**East Palo Alto Community Shuttle (CS)
Sunday AM Schedule**

Run Numbers	AM 1	AM 2	AM 3
SHUTTLE ARRIVES AT SCHEDULED STOPS			
Bell/University	8:40	9:40	10:40
Palo Alto Park	8:45	9:45	10:45
Kavanaugh/Gloria	8:50	9:50	10:50
University Village	8:55	9:55	10:55
Health Clinic	9:00	10:00	11:00
East Palo Alto Gardens	9:05	10:05	11:05
West Side (Woodland/Newell)	9:15	10:15	11:15
SHUTTLE ARRIVES PALO ALTO STATION			
Shuttle Arrives Caltrain Station	9:30	10:30	11:30
CALTRAIN DEPARTS PALO ALTO STATION			
Train Numbers	425	427	429
Northbound to SF	9:31	10:31	11:31
Train Numbers	424	426	428
Southbound to SJ	10:02	11:02	12:02

**East Palo Alto Community Shuttle (CS)
Weekday PM Schedule (Monday - Friday)**

Run Numbers	PM 1	PM 2	PM 3	PM 4
CALTRAIN ARRIVES PALO ALTO STATION				
Train Numbers	261	271	281	189
Northbound to SF	4:16	5:24	6:24	7:21
Train Numbers	158	368	378	386
Southbound to SJ	4:03	5:12	6:12	7:12
SHUTTLE DEPARTS PALO ALTO STATION				
Shuttle Arrives Caltrain Station	4:20	5:30	6:30	7:30
SHUTTLE ARRIVES AT SCHEDULED STOPS				
Palo Alto Park	4:35	5:45	6:45	7:40
Kavanaugh/Gloria	4:40	5:50	6:50	7:45
University Village	4:45	5:55	6:55	7:50
Health Clinic	4:50	6:00	7:00	7:55
East Palo Alto Gardens	4:55	6:05	7:05	8:00
West Side (Woodland/Newell)	5:05	6:15	7:15	8:10

**East Palo Alto Community Shuttle (CS)
Saturday PM Schedule**

Run Numbers	PM 1	PM 2	PM 3
CALTRAIN ARRIVES PALO ALTO STATION			
Train Numbers	437	439	441
Northbound to SF	3:31	4:31	5:31
Train Numbers	436	438	440
Southbound to SJ	4:02	5:02	6:02
SHUTTLE DEPARTS PALO ALTO STATION			
Shuttle Arrives Caltrain Station	4:15	5:15	6:20
SHUTTLE ARRIVES AT SCHEDULED STOPS			
Bell/University	4:30	5:30	6:30
Palo Alto Park	4:35	5:35	6:35
Kavanaugh/Gloria	4:40	5:40	6:40
University Village	4:45	5:45	6:45
Health Clinic	4:50	5:50	6:50
East Palo Alto Gardens	4:55	5:55	6:55
West Side (Woodland/Newell)	5:05	6:05	7:05

**East Palo Alto Community Shuttle (CS)
Sunday PM Schedule**

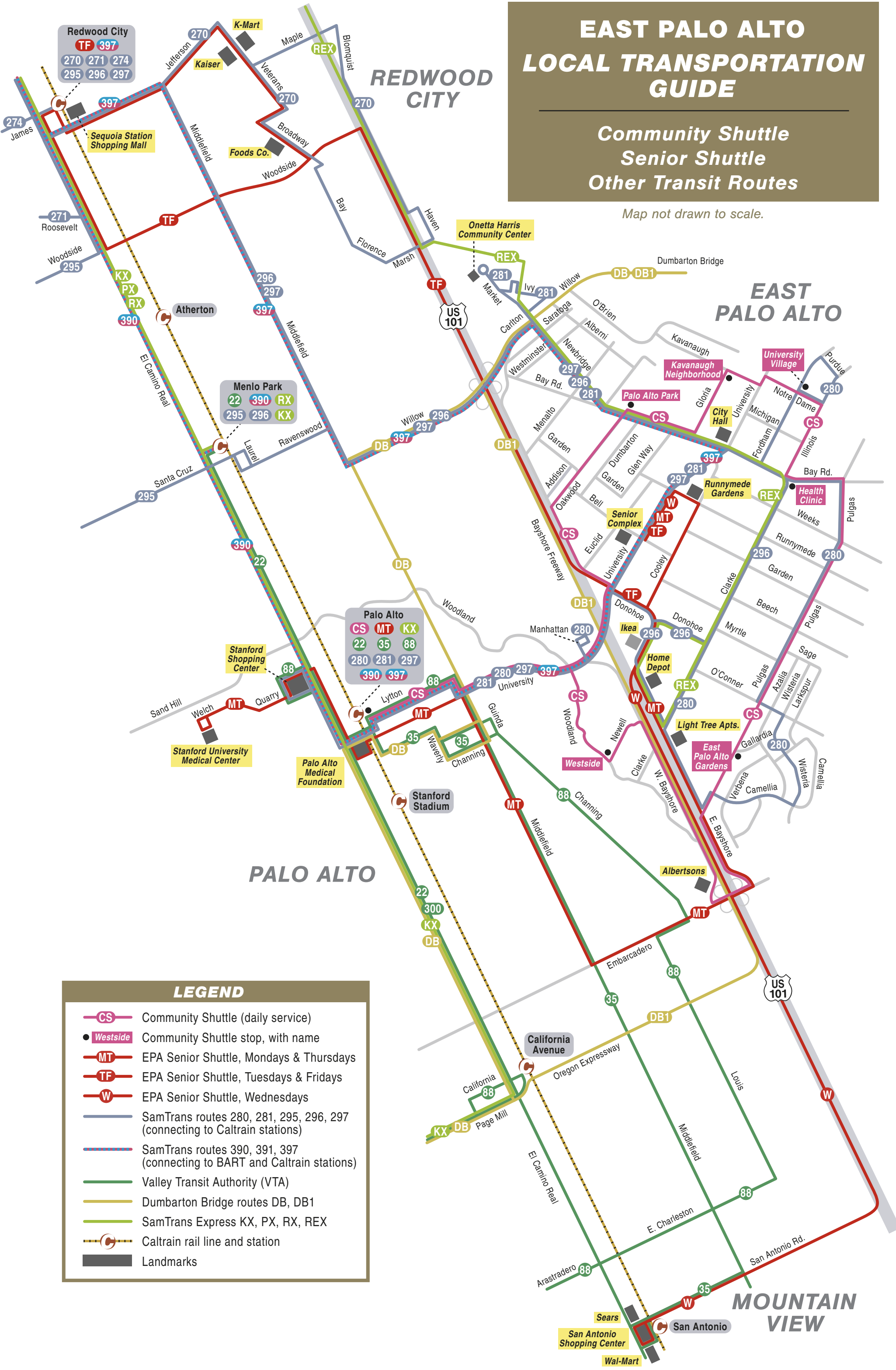
Run Numbers	AM 1	AM 2	AM 3
CALTRAIN DEPARTS PALO ALTO STATION			
Train Numbers	439	441	443
Northbound to SF	4:31	5:31	6:31
Train Numbers	438	440	442
Southbound to SJ	5:02	6:02	7:02
SHUTTLE ARRIVES PALO ALTO STATION			
Shuttle Arrives Caltrain Station	5:15	6:15	7:15
SHUTTLE ARRIVES AT SCHEDULED STOPS			
Bell/University	5:30	6:30	7:30
Palo Alto Park	5:35	6:35	7:35
Kavanaugh/Gloria	5:40	6:40	7:40
University Village	5:45	6:45	7:45
Health Clinic	5:50	6:50	7:50
East Palo Alto Gardens	5:55	6:55	7:55
West Side (Woodland/Newell)	6:05	7:05	8:05

**Try SamTrans, Caltrain, VTA, DB Express, BART for FREE!
Call the Alliance at 650-588-8170 or visit www.commute.org.**

EAST PALO ALTO LOCAL TRANSPORTATION GUIDE

Community Shuttle
Senior Shuttle
Other Transit Routes

Map not drawn to scale.



LEGEND

- CS Community Shuttle (daily service)
- Westside Community Shuttle stop, with name
- MT EPA Senior Shuttle, Mondays & Thursdays
- TF EPA Senior Shuttle, Tuesdays & Fridays
- W EPA Senior Shuttle, Wednesdays
- SamTrans routes 280, 281, 295, 296, 297 (connecting to Caltrain stations)
- SamTrans routes 390, 391, 397 (connecting to BART and Caltrain stations)
- Valley Transit Authority (VTA)
- Dumbarton Bridge routes DB, DB1
- SamTrans Express KX, PX, RX, REX
- Caltrain rail line and station
- Landmarks