

East Palo Community Health & Safety Roundtable Partnership Fact Sheet Revised January 2011

Mission Statement:

The East Palo Alto Community Health & Safety Roundtable Partnership will raise awareness and focus its attention on the importance of health & safety within the community by providing support to the East Palo Alto City Council and other local, county state and federal officials around building a "Healthy & Safe East Palo Alto City".

Our efforts include creating opportunities for EPA citizens and businesses to have equal participation in the community decision-making process by sharing valuable insights, experience, and lessons learned among all our partnering members. Through this effort we hope to bring together a richly diverse community and listen to all the voices within East Palo Alto to create a shared vision on what it is to be a "Healthy & Safe East Palo Alto City" through education, policy recommendations, and providing a pathway of opportunities for citizen participation.

Goals:

1. **Identify** individual socioeconomic circumstances relating to the EPA community
2. **Advocate** for change in EPA's physical and cultural community environment to promote healthier lifestyle for its community
3. **Educate** the community about health concerns and the role of the public health agencies in the community
4. **Promote, identify and assist** EPA residents in finding agencies who can be part of their personal management on health through agencies that are addressing health issues here in the community
5. **Provide** an accessible relationship between public health agencies and managed care serving EPA.
6. **Recommend** health policies to the City of EPA, County, State and Federal agencies on behalf of the EPA community

Objectives:

- *Gather & Report specific information, insights, observations on the health situation of East Palo Alto residents to the community that is updated annually*
- *Explore & act as health stewards for social and environmental justice issues that impact the health of the EPA community*
- *Develop policies to city, county, state & federal government as the advocate on health issues*

Overview of the Roundtable:

The intention of the East Palo Alto Community Health Roundtable is not to merge efforts but to meet regularly to create a community-wide comprehensive document to develop and maintain a shared vision on health issues concerning East Palo Alto and its constituents. In addition, to assist each organization or collaborative working within the community with support documentation or annual reports on the status of that each entity.

Accomplishments:

- The gathering of several health and public entities and local community collaboratives who are focusing on some aspect of health issues within the East Palo Alto Community. A partial list of Health & community partners serving East Palo Alto (EPA) include: EPA Asthma Task Force, Get Fit EPA, East Palo Alto Library, East Palo Alto Children's Day in the Park Committee, Ravenswood Family Health Center, East Palo Alto Senior Center, Inc., San Mateo County, City of East Palo Alto, Lucile Packard Children's Hospital at Stanford, Breathe California, Ravenswood Youth Athletic Association, Boys & Girls Club of the Peninsula, Lifelong Fitness Alliance, Kaiser Permanente, Job Train formerly called OICW, IKEA, Palo Alto Weekly, County of San Mateo, Junior League of Palo Alto-Mid Peninsula, Regional Asthma Management and Prevention Initiative (RAMP), East Palo Alto Mental Health Advisory Group convened by One East Palo Alto, American Lung Association of the East Bay, Palo Alto Medical Foundation for Health Care, El Concilio of San Mateo County, EPA Family YMCA, and the East Palo Alto Farmers Market Organizing Committee and others.
- EPA Health Profile: A Summary of the Current Understanding of Health in EPA Report, June 2007. This health profile contains summaries of 10 East Palo Alto specific health reports collected and summarized by topic. This report attempts to answer the following questions:
 - What is known about the health of East Palo Alto's residents?
 - What is not known about the health of East Palo Alto's residents (where are the gaps in knowledge)?
 - Are there multiple groups working on similar health issues who may be interested in sharing knowledge?
 - How can a health profile be designed for East Palo Alto that will be useful to the community and still be updated on an ongoing basis?
 - What are the health needs and priorities of the community?

The health profile is meant to be a living document that will change with time and the accumulation of new knowledge surrounding the health of East Palo Alto.

- The creation of the East Palo Alto Farmers' Market Organizing Committee (FMOC) to bring a farmer's market to East Palo Alto by 2008.
- 2007 EPA Health Expo & Cultural Fest featuring the 17th Annual Children's Day on September 29, 2007
- 2008 EPA Health Expo & Cultural Fest featuring the Annual Junior League Kids in the Kitchen on April 12, 2008
- 2009 EPA Health Expo & Cultural Fest featuring the Annual Junior League Kids in the Kitchen on April 12, 2008
- 2010 EPA Health Expo & Cultural Fest featuring the Annual YMCA Family Fitness Day and Boys & Girls Club Triple Play on March 27, 2010
- 2011 EPA Health Expo & Cultural Fest will be part of the city's 28th Anniversary Celebration on July 2, 2011 from noon to 6:00pm at Bell Street Park

2011/12 Proposed Format and Meeting Schedule:

1. Roundtable will serve as an Advisory Board to City Council on Health and Safety Policies pertaining to the East Palo Alto community
2. Will meet every other month at the City's Youth Activity and Resource Center, 550 Bell Street, Suite B, East Palo Alto in the months of January, March, May, July, September, and November from 12:15pm-1:45pm
3. Will function as a quarterly funneling mechanism/tool for existing community networks and collaboratives providing them with a direct link to City Council on providing updates for their groups individual goals, objectives, and outcomes
4. Will provide a linkage between providers & the East Palo Alto Community

Typical Meeting Agenda

1. Begin Meeting Promptly @ 12:15am
2. Welcome & Partner Check-ins (20mins)
3. 1-2 Roundtable Focus Topic or Speakers (20-40mins)
4. Committee Reports (10mins)
5. Lunch is a Brown Bag/Pot Luck

List of Some Community Health Partners/Groups Focusing On Specific Topics

1. Get Fit EPA (Social Marketing)
2. East Palo Alto Farmers' Market (Access to Food)
3. East Palo Alto Asthma Task Force (Air Quality)
4. EPA Farmers' Market Committee
5. Canopy Tree Initiative (Tree Planting)
6. SUHSD Parent Involvement Outreach (HS Parent Involvement)
7. San Mateo County Prevention of Childhood Obesity Task Force/Health Policy and Planning Unit (Obesity)
8. EPA Mental Health Advisory Group convened by OPEA (Mental Health & Homelessness)
9. Aging & Adult Services Provider Network (Senior Services in SMC)
10. California Park & Recreation Society District IV (City Recreation/Community Service Agencies)
11. Metropolitan Transportation Commission Elderly and Disabled Advisory Committee (senior Transportation)
12. Silicon Valley Initiatives on Aging (SILVA) Santa Clara Senior Center Directors
13. CPRS District IV Senior Center Directors San Mateo senior Directors
14. Family Day Care Provider Meetings (2 groups one in Spanish and another in English) (Pre School Providers)

