

## East Palo Alto Sports Organizations

- **Boys And Girls Club of The Peninsula/Moldaw-Zaffaroni Clubhouse**  
**2031 Pulgas Avenue, East Palo Alto, CA 94303, (650) 646-6090, Fax: (650) 330-1299, website: <http://www.bgcp.org/>**  
**BGCP OFFERINGS:**  
**OPEN GYM** is a time for play. Lightly structured activities allow the kids to have fun with the basic elements of fitness and athletics: running, jumping, and throwing. Some of the games we play are: Tag, Dodge ball, Playground time, Rope Skipping, Double Dutch, Running Bases, Capture the Flag and Shark.  
**LEAGUE PLAY** creates an environment for positive competition. In highly structured practices, members learn how to play sports like Basketball, Indoor Soccer, Flag Football, Floor Hockey, Volleyball, Wiffleball and Golf  
**LIFE SKILLS TRAINING** teaches young people how to transition the positive lessons they learn from play to sport to life. The Coaches and Mentors who lead the classes teach the children the importance of: Academics, Nutrition, Exercise, Accountability and Goal setting  
**Overall, the Physical Education Program** teaches kids valuable lessons that extend far beyond the athletic field: Teamwork, Sportsmanship, Leadership, Patience, Dealing With Adversity and Emotions, Commitment, Accountability, Responsibility, Goal Setting, Self Confidence, Relationships With Caring Adults, Connections, Friendships and Giving Back.
- **East Palo Alto Babe Ruth Baseball Mustangs**  
**2358 Menalto Avenue, East Palo Alto, CA 94303, (415) 297-6009, (650) 324-3107(fax), [marciaiperez@cs.com](mailto:marciaiperez@cs.com)**  
Sign ups immediately for 13 - 15 year olds. Boys and girls welcomed. Practice starts March 1. Opening games starts May 1. Competitive team sport. Experience required. All positions needed, especially pitchers. Please call Marcia Perez at(415)297-6009 for an application. Please provide birth certificate and \$125 sign up fee. No child turned away for lack of funds.
- **East Palo Alto Boxing Club**  
**2528 Pulgas Avenue, East Palo Alto, CA 94303, (650) 630-0213, [epaboxingclub@yahoo.com](mailto:epaboxingclub@yahoo.com)**  
The boxing program is designed to provide a fitness workout that is fun, easy to learn, and safe. The program introduces the individual to the fundamentals and techniques of boxing. The necessary equipment is provided. If possible, bring your own boxing gloves and hand wraps. Download the [Adult](#) and [Youth](#) registration forms and submit them in person.
- **East Palo Alto Greyhounds Peninsula Pop Warner Youth Football/Cheer**  
**Primary contact SYLVIA JONES, Primary phone 650-324-3929, Membership contact Eric Stuart, Membership phone 510-459-8316, Club email [coachericstuart@gmail.com](mailto:coachericstuart@gmail.com), Website [www.epagreyhounds.com](http://www.epagreyhounds.com)**  
The East Palo Alto Greyhounds Youth Athletic Association is looking for Young Athletes to join our Tackle Football/Cheer Program this Upcoming 2011 Season. We are looking for BOYS and GIRLS ages 5-12. If you think you have what it takes, or you would like the Ultimate Football/Cheer Experience, Come Join US! Sign-Ups will be held on a continuous basis until the end of July. The season is rapidly approaching! The sooner you Sign-Up, the better off you will Be. Tiny Mites Ages 5,6,7; Mighty Mites Ages 7,8,9; Jr. Pee Wee Ages 8,9,10, 11(older lighter); and Pee Wee Ages 9,10,11, 12(older lighter), \*Cost is \$175 per athlete Football & Cheer.
- **East Palo Alto Greyhounds Track & Field Club**  
**Primary contact SYLVIA JONES, Primary phone 650-324-3929, Membership contact Eric Stuart, Membership phone 510-459-8316, Club email [coachericstuart@gmail.com](mailto:coachericstuart@gmail.com), Website [www.epagreyhounds.com](http://www.epagreyhounds.com)**  
Our Track & Field Team is the oldest of our programs. We are entering into our 6th year of Competition. We compete under the Pacific Association U.S.A. Track & Field and the Amateur Athletic Union. The first Five years we gained National Recognition as one of the" Top youth Track & Field Programs in the Country"! We have produced over 15 All-American ATHLETES in 5 Years. We started with just the Sprinting events, but with the Will Power and Desire to explore their options, the kids on the team have Learned to HIGH JUMP, LONG JUMP, HURDLE, SHOT PUT, JAVELIN, etc. This Upcoming Summer we plan to travel to New Orleans, Louisiana for the AAU Track & Field Nationals.
- **East Palo Alto Razorbacks Rugby**  
**East Palo Alto, CA 94303, (650) 642-4751, [dave@eparugby.org](mailto:dave@eparugby.org), <http://www.razorbacks.eparugby.org/>**  
The East Palo Alto Razorbacks Rugby Football Club has four sides. Two sides that compete in the USA Rugby Division 1 and 3 men's club competition. The third side is an under 19 high school side that draws players from the East Palo Alto, California area. In 2010 we're also starting a women's team! We're always looking for new players wanting to learn and play the game of rugby.

- **East Palo Alto Youth Sports/Warriors Football and Cheerleading (Pop Warner)**  
**P.O. Box 50818, East Palo Alto, CA 94303, (650) 814-7192, (650) 859-2079(fax),**  
[sherrod.smith@sri.com](mailto:sherrod.smith@sri.com)  
 Football and cheerleading for boys and girls, ages 8-14. Football teams are based on Ages and weight to try to make the most equally matched teams (Jr. Peewee, Peewee, Jr. Midgets, Midgets). Home field is 49ers Academy.
- **Lewis and Joan Platt East Palo Alto Family YMCA**  
**550 Bell Street, East Palo Alto, CA 94303, (650) 328-9622, (650) 687-5380(fax),**  
<http://www.ycamidpen.org/eastpaloalto/index.html>  
 Swim, Sports and Play: The Y is the starting point for many youth to learn about becoming and staying active, and developing healthy habits they'll carry with them throughout their lives. And the benefits are far greater than just physical health. Whether it's gaining the confidence that comes from learning to swim or building the positive relationships that lead to good sportsmanship and teamwork, participating in sports at the Y is about building the whole child, from the inside out. They provide classes for youth ages 1st grade to 12 years old. Some of their youth activities may include movement to music, dance, obstacle races and youth sports. Come and experience the world of youth fitness at the Lewis and Joan Platt East Palo Alto Family YMCA. **Download the current Youth Fitness Program Schedule.**
- **Peninsula Youth Sports**  
**2274 Capitol Ave, East Palo Alto, CA 94303, (650) 669-3672,**  
[heavenlysenegal@yahoo.com](mailto:heavenlysenegal@yahoo.com)  
 Peninsula Youth Sports is a non-profit organization to promote after-school programs as a positive resource for the underserved youth on the Peninsula. Our outreach efforts focus on the youth from East Palo Alto and East Menlo Park who attend the Ravenswood City School District. However, our club is open to all area youth. They provide services to youth from ages 6-18. High school students are also welcome to participate before and after their school seasons. Their track club is a member of the Pacific Association of the USATF. For more information on the Association, please visit their website at [www.pausatf.org](http://www.pausatf.org). Athletes participating in the club must become registered with the USATF. The registration for the association will be processed through Peninsula Youth Sports. For more information on the track club, please contact Tanya or Myisia. For questions about payment of fees, please contact Jennifer.
- **Ravenswood Little League**  
**East Palo Alto, CA 94303, (650) 444-1372, Bill Arnick [chiefdude21@yahoo.com](mailto:chiefdude21@yahoo.com),**  
<http://www.cadistrict52.org>  
 Ravenswood Little League is a non-profit, all volunteer organization dedicated to providing a positive youth baseball experience to children of all abilities in the East Palo Alto community by developing the qualities of leadership, citizenship, discipline, character and teamwork. By providing a fun, balanced and competitive baseball environment for youth 9 to 12 years old, the Ravenswood Little League aims to contribute to the physical, personal and emotional development of each player and to assist in building a healthier community.
- **Ravenswood Youth Athletic Association (RYAA)**  
**1290 Cypress Street, East Palo Alto, CA 94303, (650) 331-0382,**  
<http://www.ryaa.org/>  
 A recreation sports league for 5th grade and up. The RYAA will offer a variety of low-cost, high-quality sports programs to the Ravenswood community. Sports creates an environment of small groups where children are eager to learn from the coach. We will recruit these coaches from churches inside and outside of the community, and equip them with training and materials that will help them teach Biblical principles through sports. Sports programs they offer include recreation soccer, flag football and tennis.
- **San Francisco Junior Giants & T-Ball and Pitching Machine**  
**East Palo Alto, CA 94303, (408) 515-7489**  
 East Palo Alto T-Ball and the Las Vegas Junior Giants are skill building and learned-based leagues that coaches young players to develop skills of batting, fielding and base running in a minimally competitive environment. In 1994, we joined the San Francisco Junior Giants and extended the program for youth ages 10 through 13 years old. Their season runs from June through August. We joined the San Francisco "SAY BASEBALL" baseball program in the summer of 2000. Their season runs from September through November. In these programs we serve approximately 40 youths.